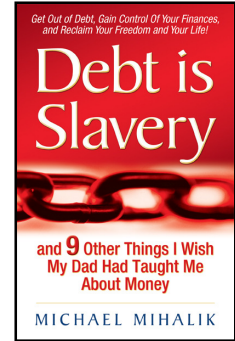


“Debt is Slavery” One of Top Eight Books

SEATTLE, WA — The popular personal finance website TheSimpleDollar.com has chosen *Debt is Slavery: and 9 Other Things I Wish My Dad Had Taught Me About Money* as one of only eight books included in its “Essential Bookshelf”¹.

Out of the nearly two hundred personal finance and productivity books The Simple Dollar has reviewed over the past two years, only eight were “interesting enough and reference-worthy enough for me to keep around”.



Here’s what The Simple Dollar had to say about *Debt is Slavery*:

“*Debt is Slavery* by Michael Mihalik is like a Cliff’s Notes version of *Your Money or Your Life* - much the same content, but very short and with a different tone. This lately has become an inspiration, too - I can pop it open and get inspired by just reading a random paragraph.”

Rounding out the top eight books:

- *The Complete Tightwad Gazette* by Amy Dacyczyn
- *The Lazy Person’s Guide to Investing* by Paul Farrell
- *Your Money or Your Life* by Joe Dominguez and Vicki Robin
- *The Bogleheads’ Guide to Investing* by Taylor Larimore, Mel Lindauer, Michael LeBouef and John C. Bogle
- *Getting Things Done* by David Allen
- *On Writing* by Stephen King
- *Made to Stick* by Chip and Dan Heath

“I’m honored that The Simple Dollar has chosen my book for their Essential Bookshelf,” said Michael Mihalik, author of *Debt is Slavery*. “It’s amazing to be included with such classic personal finance books as *Your Money or Your Life* and *The Complete Tightwad Gazette*, let alone to be on the same list as Stephen King.”

Debt is Slavery takes a unique approach to personal finance by focusing on changing the way people *think* about money. Mihalik accumulated a large amount of debt using credit cards and other loans to finance a lifestyle he couldn’t afford. When he decided to gain control of his finances, he learned that he couldn’t change the way he handled his finances until he changed the way he *thought* about money. The

book uses Mihalik's personal experiences to illustrate the ten essential ideas and techniques he created and used to pay off his debt and create financial security.

“Consumer debt continues to hit record highs, mortgage foreclosures are skyrocketing, and food and gas prices are through the roof,” Mihalik said. “There’s never been a more urgent need for Americans to reclaim control of their finances.”

Debt is Slavery is available at Amazon.com, DebtIsSlavery.com, and at your local bookstore.

1. “The Essential Bookshelf: The Only Eight Books I’ve Kept (After Hundreds of Reviews)” The Simple Dollar 20 May 2008 <http://www.thesimpledollar.com/2008/05/20/the-essential-bookshelf-the-only-eight-books-ive-kept-after-hundreds-of-reviews/>

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Debt is Slavery: and 9 Other Things I Wish My Dad had Taught Me About Money by Michael Mihalik. Copyright 2007. \$14.95. Trade paperback, 5 ½ x 8 ½, 128 pages. Business/Personal Finance. Available to the trade through Ingram, Baker & Taylor, Quality Books. Also available from October Mist Publishing and Amazon.com. ISBN: 978-0-9785457-0-3, LCCN: 2006926841.